





# **OUR VISION**

TO **SAVE** AND **IMPROVE**THE LIVES OF AUSTRALIANS
AFFECTED BY KIDNEY DISEASE.

## **OUR MISSION**

TO PROMOTE GOOD KIDNEY HEALTH THROUGH **EDUCATION, ADVOCACY, RESEARCH** AND **SUPPORT**.





# ABOUT KIDNEY HEALTH AUSTRALIA

Kidney Health Australia is a not-for-profit organisation dedicated to improving health outcomes and quality of life for people living with kidney disease, their families and carers.

Originally known as the Australian Kidney Foundation, we were incorporated on 9 August 1968 and have now been serving the kidney community of Australia for almost 50 years.

Our mission is to promote good kidney health through **education**, **advocacy**, **research** and **support**.

We are proud to offer extensive support to our existing community, but our biggest challenge is to reach the nearly two million Australians who do not know they have early kidney damage.

Every day, **53 people** in Australia die with chronic kidney disease; more than breast cancer, prostate cancer and road accidents combined. It is a highly undiagnosed condition; most are tragically unaware they are affected until it's too late. In fact **90% of kidney function** can be lost without experiencing any symptoms. That's why we're committed to increasing the awareness of kidney disease, and educating people on the risk factors.

Through our expertise and commitment, we aim to reduce the rising incidence of kidney disease and ease the burden of its immense human and financial cost. 9000 of kidney function can be lost without any symptoms







## A MESSAGE FROM THE CHAIR



I am delighted to have assumed the role of Chair of Kidney Health Australia in December 2017.

Our prior Chairman, David Morgan, relinquished the role due to health issues related to chronic kidney disease, which he has freely disclosed. David's circumstances are not unique and reflect the truncated opportunities patients living with kidney disease have with respect to paid and unpaid work.

David made an enormous contribution to changing the governance of Kidney Health Australia, revising the constitution, defining business rules and revitalising the Board membership of our organisation. The Board thanks him for his many contributions to Kidney Health Australia and the broader kidney community over the years.

The Board has seen significant change in the last 12 months. We have welcomed the appointments of Sally Farrier, Mono Ray, Peter Haddad and Rhonda Renwick as Directors in 2017 and in parallel we accepted the resignations of Prof. Jonathan Craig (Director from December 2011), Graeme Holmes and Peter Mitchell (Directors for 10 years from May 2007). Jonathan, Graeme and Peter were all highly effective and we value their ongoing support to Kidney Health Australia.

Vin Harink was Director from December 2004 to June 2017 and was Chairman of the Board and the Finance Committee from April 2010 to March 2016. He resigned in June 2017. The Board is grateful for his leadership over this period. I'm so grateful to PJ and David Parker for their support in seamlessly transitioning the new Directors into their roles, and thank my fellow Directors for their continued support and dedication.

The mission of Kidney Health Australia remains focused. We provide support, share knowledge and information, work to influence government and health policy, and offer a voice for patients, their carers and families. For almost 50 years, Kidney Health Australia has also funded research into the causes of kidney disease and treatments for people with or at risk of kidney failure.

We endeavour to expand our research remit and have partnered with the Australian and New Zealand Society of Nephrology, the Renal Society of Australia and the Polycystic Disease Foundation of Australia to develop a strategic plan for research that encompasses researcher, scientist and patient priorities. This plan is being socialised nationally to harness targeted and general funding to support medical research, and has already enabled our support for the affordable dialysis initiative, funded in part by the MAST foundation. We have reviewed our processes to ensure we are funding research that is most important to the kidney community, with the overall goal to reduce the burden of kidney disease in Australia.

The number of patients on dialysis continues to grow, with a disproportionate impact on people of Aboriginal and Torres Strait Islander background. Major improvements remain elusive in the wellbeing of people living with kidney disease, and the reasons for lack of equity in both the development of kidney disease and outcomes of therapy. We consistently lobby government to improve the diagnosis of chronic kidney disease and the care of affected patients.

Kidney Health Australia continues to provide services designed to make a difference for people living with kidney disease. Among these services are our Big Red Kidney Bus, Kidney Kids Camp, and our transplant housing program. Our information services and educational materials are widely used by patients and their families, GPs, nurses and other clinical staff.

Late 2017 was a time of change for us. We farewelled Mikaela Stafrace and welcomed Lisa Murphy as Interim CEO. We thank Mikaela for all her work during her time as CEO, and commend Lisa for stepping up to this leadership role and ensuring we continue to deliver on our strategic plan.

Despite a leaner approach we still recorded a loss; a matter of concern to me and the Board. Kidney Health Australia received minimal government funding in 2017 and relies on the generosity of supporters and benefactors. We are working carefully to reassess and revitalise our lotteries business, our largest source of income, and to develop new sustainable sources of income.

Our community need Kidney Health Australia to remain a vibrant organisation, responsive to patient needs. We aim to deliver on the needs of people affected by kidney disease and look forward to doing so, with your support, into the future.

**Professor Carol Pollock** MB, BS, PhD, FRACP, FAAHMS



5

# A MESSAGE FROM THE INTERIM CEO



2017 was a year of new faces and new roles at Board level, through to the Executive and staff at Kidney Health Australia. The changes have brought us a renewed vigour and purpose which will serve to support us in our mission to promote good kidney health through education, advocacy, research and support.

## KEY NEW PEOPLE

In addition to the changes in the Chair, Deputy Chair and Board members, there have been some key staff changes. In particular, we welcomed a new clinical director, Dr Shilpa Jesudason, MBBS, FRACP, PhD.

Dr Jesudason is a clinical and academic nephrologist specialising in obstetric nephrology, general nephrology and transplantation at the Central and Northern Adelaide Renal and Transplantation Service (CNARTS) Royal Adelaide Hospital, and the Women's and Children's Hospital, Adelaide. Dr Jesudason's role is to provide clinical advice and context to all Kidney Health Australia activities, particularly education and advocacy, and act as liaison with the nephrology community. She represents the consumer voice on key national committees including the ANZSN Clinical Policy Advisory Committee, ANZSN Dialysis Advisory Committee, KHA-CARI Steering Committee, and ANZDATA Steering Committee.

Dr Jesudason is a very active clinician and researcher which complements her work at Kidney Health Australia. She is a 'tour de force' full of passion, energy and ideas. She is a valuable asset to Kidney Health Australia and we are very lucky to have her as part of the team.

## STABILISATION

Whilst 2017 was a year of significant change in personnel, at a business level this has been complemented by reflection, refocusing and ultimately stabilisation. As a result, we have managed to halt the increasing financial deficit seen over the previous few years. The focus has been on a leaner approach and getting back to basics.

## Leaner approach

We have managed to reduce our outgoings by sharing accommodation with Stroke in Queensland, Transplant Australia in New South Wales and The Minderoo Foundation in Western Australia. We have increased efficiencies at many other levels and put plans in place to diversify revenue streams. A factor that is not recognised specifically in the financial reports but that represents a significant financial saving is the in-kind support, pro-bono work, and volunteer hours that Kidney Health Australia gratefully receives. A prime example of this is the 1090 volunteer hours that nephrologists, renal nurses, GPs and nurses gave in 2017 in support of our primary care educational activities. Thanks to this generosity, Kidney Health Australia can maximise the funds directed to supporting Australians affected by kidney disease.

#### **Back to basics**

We have a clear focus on building and serving our community through the key areas of education, advocacy, research and support. As you read through this Annual Review I hope you enjoy discovering more about our 2017 activities. For me, particular highlights have been the consistent excellence in Kidney Health Australia's provision of educational resources for patients and health professionals, the renewed and extended support by federal government for the Living Donor Scheme, the relaunch of KHA Research and the wonderful events that bring our community together.

Dr Lisa Murphy BSc (Hons), MBBS, MRCP



## CLINICAL DIRECTOR REPORT



It has been my privilege to join the team at Kidney Health Australia in 2017, and to be contributing to the overarching vision to save and improve the lives of Australians affected by kidney disease.

This is not a tokenistic statement; our intention at Kidney Health Australia is to undertake meaningful activities that have a clear and measurable impact for patients and their communities. Patients affected by chronic kidney disease have a long, difficult journey, and our programs and efforts target each stage of this journey.

#### 1. Prevention

Working in partnership with other chronic disease organisations and prevention alliances, we support and advocate for strategies that will help mitigate the lifestyle factors (obesity, diet, smoking, inactivity) that contribute to non-communicable chronic diseases

(kidney disease, blood pressure, heart disease, cancer, vascular disease). We recognise that an integrated approach is the only way we will begin to tackle the health of Australia as a nation. These diseases often come as a 'package' which causes an immense burden on Australia's health care system and, more importantly, can destroy the wellbeing of individuals.

## 2. Early Detection

We continue our massive program educating Primary Care health professionals to increase the detection of early kidney disease, especially in patients at risk. We know that early detection and management (via blood pressure control, medications and lifestyle) reduces the risk of progressive kidney disease. We continue to roll out our evidence-based Primary Care education modules to thousands of health professionals, with the incredible support of so many kidney specialists who, in 2017, donated around 1090 hours of their time to these activities.

We have our highly successful and widely used Chronic Kidney Disease (CKD) Management in General Practice Handbook and phone app, as well as programs within pharmacies and other opportunistic points of patient contact. We have advocated for an integrated health check that addresses absolute cardiovascular risk, and brings chronic kidney disease in as a central component of risk. Through these mechanisms, Kidney Health Australia constantly encourage health professionals to 'Think Kidneys' whenever they think of weight, blood pressure, diabetes and heart disease.

Just as important are our activities to encourage people to be self-aware of kidney disease, to understand the risk factors for kidney disease and to be engaged in their self-management if they have chronic disease. We know that one in three people are at increased risk of chronic kidney disease, but most are unaware of this risk. Waiting for symptoms to appear is too late as 90% of kidney function can be lost before symptoms are experienced.

These are the key messages that we communicate to the general public throughout the year, via many channels, to raise awareness.

## 3. Living with Chronic Kidney Disease

Patients are expected to undertake an enormous amount of self-management when living with kidney disease, and providing relevant, meaningful and easily accessible information is critical to help them achieve this. We continue to expand and develop our patient education resources which underpin many chronic kidney disease, dialysis and transplantation education programmes in renal units across Australia. Our aim is to help patients and their carers navigate their way through the complexities of a chronic kidney disease diagnosis, and the challenging transition to dialysis, transplantation or supportive (non-dialysis) care.

In 2017 we had a focus on Living Kidney Donor education and launched a new education resource to help donors make this incredibly difficult, yet vital decision that can positively change the lives of people with kidney failure. Our Kidney Helpline is the first port of call for many patients and carers. It is a unique, highly valued and utilised service that supports the community, and helped almost 2,000 callers in 2017. As the only national organisation in Australia representing patients living with kidney disease, we advocated strongly in 2017 on behalf of the kidney community for life-saving medications, the Supporting Living Organ Donors Program, holiday dialysis, support for dialysis in remote regions and improvements in indigenous renal health.

As we move into 2018, we recognise the incredible achievements of the past and the many ways in which Australians have been helped and supported by this organisation. But we recognise that there is much more to be done through research, advocacy and patient support programs to alleviate the burden of kidney disease at all stages. Kidney Health Australia remains dedicated to this cause.

**Dr Shilpa Jesudason** MBBS, FRACP, PhD



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# **BOARD**MEMBERS

## Prof. Carol Pollock (Chair) MB, BS, PhD, FRACP, FAAHMS

Professor Carol Pollock was appointed to the Board in December 2014, and appointed Chair in December 2017.

Carol has an international reputation for her work and publications relating to the aetiology and treatment of kidney disease. An inaugural fellow of the Australian Academy of Health and Medical Sciences, she is recognised as a 'distinguished professor' by the University of Sydney and was the 2014 recipient of the Ministerial Award for Excellence in Cardiovascular Research (which includes research into kidney disease). Among her many leadership roles, Carol was Scientific Chairman of the 2013 World Congress of Nephrology, and she chairs the ANZ Society of Nephrology Research Advisory Committee and the International Society of Nephrology Meetings Committee, which is responsible for research and educational meetings and policy forums around the world. At present she is Chair of the NSW Bureau of Health Information and the NSW Cardiovascular Research Network, and is Deputy Chair of the Australian Organ Tissue and Transplantation Authority.

## **Sally Farrier** (Deputy Chair) BE (Hons), MBA, GDipAppFin, MAICD

Sally Farrier was appointed to the Board in June 2017 and was appointed Deputy Chair in December 2017. She is a professional non-executive director, with extensive experience in the utility, infrastructure and consulting sectors and in working with governments and regulators.

Sally has strong expertise in governance, strategy and risk management following a career in consulting and corporate advisory.

Outside non-executive roles, Sally has a strong interest in innovation, community development and the health sector. She is an active angel investor and a member of Scale Investors.

#### Peter Haddad AO, MSc. BEc

Peter Haddad was appointed to the Board in June 2017. His career as a logistics officer in the Australian Army spanned 38 years and he retired from the Army in 2005 at the rank of Major General.

Peter went on to work as logistics manager for the Melbourne 2006 Commonwealth Games, and is now the principal of a consultancy company specialising in defence industry, logistics and supply chain management.

Peter holds a number of Board positions in the not-for-profit sector and since 2013 he has been the Strategic Adviser to the Australian Industry Defence Network – Victoria where he serves on the Executive Committee of the Network and on the Committees of the Victorian Defence Alliances. Peter is an Adjunct Professor and the Chair of the School Advisory Board for the School of Business, Information Technology and Logistics at the Royal Melbourne Institute of Technology University.



# **BOARD**MEMBERS

#### PJ Hartshorne BSc Civ. Eng, MBA

PJ (Peter Jon) Hartshorne was appointed to the Board in April 2008. After a six-year cadetship with McKinsey and Company, he went on to work for a number of top 100 international companies in the areas of strategy and technology enablement.

PJ is now Managing Director, partner and founder of The Infinity Group of companies, established in 1994 as a private professional services business in Australia, India and the United Kingdom. He is also Chairman of Scholaris International Ltd, an international education-based software company, and Redgum Corporate Pty Ltd.

PJ is a member of Kidney Health Australia's Remuneration and Succession Planning Committee and was appointed Chair of the Finance Committee in March 2016.

## David Morgan BA (Hons), M. Int. Law

David Morgan was appointed to the Board in December 2014, and served as Chair from March 2016 to December 2017.

David has previously served as a diplomat and represented Australia in international trade and environment organisations. Among his areas of policy experience is the development of Australia's gene technology regime. From 2004 to 2009 David was a visiting fellow at the University of Melbourne; he is also the author or co-author of books and journal articles on legal, economic and political aspects of biotechnology and other trade and environment subjects.

David is chair of the Emorgo Foundation, a director of the Victorian Bridge Association and a councillor of the Australian Bridge Federation. He received a kidney from his father in 1989.

#### David Parker AM, BEc (Hons), LL.B (Hons)

David Parker was appointed to the Board in April 2010, having previously chaired Kidney Health Australia's National Consumer Council.

At present, David is Chairman and CEO of the Australian Clean Energy Regulator. Previously, he was a deputy secretary in the Commonwealth Government's Department of Agriculture and Water Resources, with particular responsibility for water, the Australian Bureau of Agricultural and Resource Economics and Sciences (the department's economic and scientific research arm) and exports, trade and market access. Before that he was a deputy secretary in the Department of Environment and the Commonwealth Treasury. Whilst at the Treasury, from 1984 until February 2011, he spent some time working with the OECD in Paris.

David has qualifications in economics and law and was made a Member of the Order of Australia in January 2012.

## **Monojit (Mono) Ray** BSc, LL.B, LL.M, Grad Dip Legal Practice, GD Enterprise Management, MAICD, Solicitor of the High Court of Australia and the NSW Supreme Court

Mono Ray was appointed to the Board and the Finance, Audit and Risk Committee in June 2017. He has held numerous leadership and non-executive roles throughout his career and is currently the Managing Director and co-founder of ConnectAlex.

Mono brings organisational leadership, business innovation, strategic management and communication expertise to the Board, with experience working in professional and financial services, at Board, Senior Executive and Ministerial levels.

A talented business leader, Mono has strengths in change management, governance and people development having created and led successful people and business development programmes nationally in professional organisations. He was previously a senior partner at PwC and served on a number of industry bodies, and has also worked closely with State and Federal regulators to design policy and legislation.

#### Rhonda Renwick

#### GradD BA, Bachelor of Science PSY, MAICD

Rhonda Renwick was appointed to the Board in June 2017, bringing expertise in indigenous health and community based enterprises.

Rhonda is the sole director of Latrobe Valley Bus Lines, where she is committed to providing access, equity and social inclusion for all in the Latrobe Valley. She is also the founder of Kindred Spirits Foundation, which supports various social and community based projects with a focus on health and employment opportunities, such as founding the Akeyulerre Healing Centre at Alice Springs, which supports the Arrente people to deal with their challenges in a culturally appropriate way. Kindred Spirits Foundation has been a driving factor in community projects such as the Big Red Kidney Bus initiative.





# **PATIENT**EDUCATION

A problem experienced by people with a chronic health condition is understanding language used in the medical world.

kidney.org.au/about-us/resources-library

We wanted to make lives easier for people living with kidney disease, their carers and loved ones, so in 2017 we undertook a major review of all of our educational materials. We've made our materials easier to understand using simple words, clear messages, and everyday language. We did this for over 50 fact sheets and booklets covering topics such as general kidney education, treatment options, diet and lifestyle, organ donation and transplantation, as well as how to live well with kidney disease. Some of these publications have also been translated into other languages such as Arabic, Chinese, Vietnamese, Greek and Italian.

In 2017, over 16,000 hard copy resources were distributed and almost 33,000 were downloaded from the Kidney Health Australia website – that's over 90 downloads every day!

Providing reliable, accurate, and easy to understand information on kidney disease is part of our commitment to helping our kidney community when they need it most.



# **INDIGENOUS**EDUCATION

The Primary Care Team delivered two new education modules in 2017; Understanding Chronic Kidney Disease for Aboriginal and Torres Strait Islander health workers, and Chronic Kidney Disease in Indigenous Australians for Primary Care.

kidney.org.au/your-kidneys/support/indigenous-resources

Understanding Chronic Kidney Disease for Aboriginal and Torres Strait Islander health workers had a total of 115 participants over 12 sessions, and the primary care education module, Chronic Kidney Disease in Indigenous Australians for Primary Care, was attended by 36 participants over three sessions.

Kidney Health Australia has a number of patient education resources specific for Indigenous Australians that can be accessed as hard copies in the form of flip charts, indigenous resource packs, or fact sheets. All of these resources can be downloaded from our website.



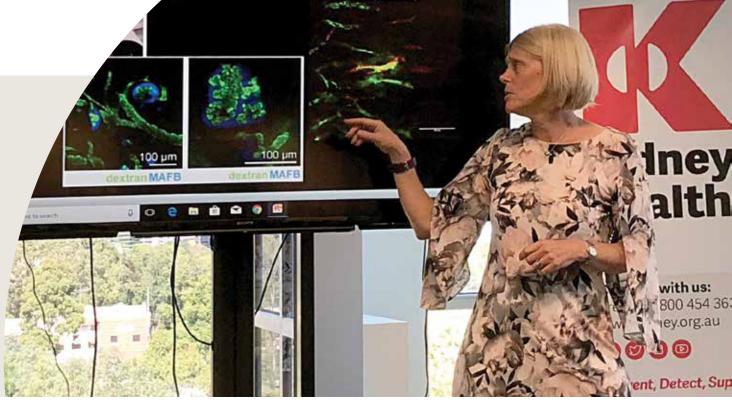
Kidney Health Australia 2017 Annual Review

# **PRIMARY CARE**EDUCATION PROGRAM

Kidney Health Australia produces a number of resources and tools designed to help primary care health professionals detect and manage kidney disease.

kidney.org.au/health-professionals/detect/education

Kidney Health Australia's primary care education activities are governed by an expert committee, called the Primary Care Education Advisory Committee (PEAK). This committee is comprised of prominent kidney specialists, general practitioners, primary health nurses, educators and government representatives and is chaired by Professor David Johnson.



Kidney Health Australia leads the way in providing world-class education on detection and management of kidney disease for GPs and other health professionals. A supported primary care workforce means better outcomes for people living with kidney disease.

In 2017, we reached over 44,000 health professionals through our Primary Care Education Program. Highlights from the year include:

 Delivering over 3,600 hours of face-to-face and online health-professional education

- Over 5,000 copies of the Chronic Disease Management in General Practice handbook were either downloaded or distributed. Now in its third edition, this handbook provides a synthesis of evolving evidence showing the importance of early management of kidney disease. The book is designed to help health professionals identify people at risk of developing kidney disease and to manage those who have chronic kidney disease
- Over 4,400 downloads of the CKD Go! App, which was designed to help health professionals recognise, understand and manage chronic kidney disease. An app user can view a personalised action plan based on the eGFR and the albumin–creatinine ratio.



## KHA-CARI GUIDELINES

The Kidney Health Australia – Caring for Australasians with Renal Impairment (KHA-CARI) Guidelines have been developed and promoted to the Australian and New Zealand nephrology community since 1999, and have been credited with being amongst the most highly credentialed and influential clinical kidney guidelines in the world.



Clinical guidelines are a critical way of improving patient healthcare outcomes. They are utilised every day by clinicians at the coal face of providing care to people living with kidney disease, and have a direct and measurable impact on improving patient outcomes.

The KHA-CARI guidelines play a valuable role in the use of evidence-based medicine by the nephrology community. The guidelines cover three areas: kidney disease, dialysis, and transplantation.

Kidney Health Australia continues to part-fund the guidelines with a grant of \$120,000. The guidelines are managed by the KHA-CARI Steering Committee.

To address the unique challenges of Indigenous Australians living with kidney disease, a project was launched in 2017 to create specific guidelines for CKD management for Aboriginal and Torres Strait Islander peoples and Maori. A novel feature in the development of the KHA-CARI Indigenous Guidelines will be a nationwide community consultation of Aboriginal and Torres Strait Islander and Maori consumers, to ensure the guidelines are aligned with community preferences.

Given the experience we have in the kidney community, Kidney Health Australia will fund and conduct the Australian component of the nationwide community consultations – the vital first step in development of the KHA-CARI Indigenous Guidelines. This project will be fully developed over the next two years.









## **KHA** RESEARCH

The end of 2017 saw the relaunch of research at Kidney Health Australia – as KHA Research.

kidney.org.au/health-professionals/research

2017 was a year of information gathering, refocusing and collaboration. We conducted a review of our research grant system, during which we consulted widely with people affected by kidney disease, major kidney research groups, and others interested in kidney-related medical and scientific research.

As a result, KHA Research has undergone a transformation with a focus on community participation, a research agenda endorsed by our community, and organisational collaboration. We suspended funding applications in 2015 while we undertook this review, however, our long-standing commitment to research funding continued unchanged.



We have been seeking guidance on which important research topics we should be supporting, in line with our focus on community. Therefore, rather than supporting a number of different research topics, we will focus funding on a specific research agenda, as prioritised by the Australian kidney community.

The research agenda for the next three years will be:

- 1. Preventing progression of kidney disease.
- 2. Making kidney transplants last longer.
- 3. Improving quality and duration of life for those with chronic kidney disease.

To narrow the scope of each individual topic, each year a different element of each topic will be the focus.

We are also using our strong community base to build a network of consumers that want to be involved in all aspects of research; from conception, to involvement in clinical trials.

BREATHING

In line with Kidney Health Australia's focus on collaboration we have been working closely with other Australasian research organisations with the aim of forming a unified Australasian research voice. We have formed a particularly strong partnership with the Australian and New Zealand Society of Nephrology Research Advisory Committee.

KHA Research has a number of different research streams including the Priscilla-Kincaid Smith Kidney Research Foundation and the Beccky John's Discovery Fund supporting specific areas of research.

Expressions of interest for research that aligns to our research agenda will be issued in 2018.

Support kidney disease research by donating at kidney.org.au/donate



Kidney Health Australia 2017 Annual Review



# GRANTS AND **SCHOLARSHIPS**

In 2017, Kidney Health Australia awarded grants and scholarships to the value of \$120,000 for kidney-related research projects in university departments, medical research institutes and hospitals throughout Australia. This is in addition to the \$120,000 funding for the KHA-CARI Guidelines.

# AWARDS FOR **EXCELLENCE**

Each year Kidney Health Australia awards \$7,000 in prizes at the Australia and New Zealand Society of Nephrology annual scientific meeting, and the Transplant Society of Australia and New Zealand scientific meeting.

\$35,000 was invested in a continuing PhD scholar conducting research into the role of immune cells in the kidney (Dr Peggy Teh), and \$10,000 was invested into a special project on kidney mesenchymal stem cells in tubular development, repair and turnover (Prof. Melissa Little).

Kidney Health Australia also granted \$75,000 to the Australia and New Zealand Dialysis and Transplant Registry (ANZDATA), to go towards its general operating costs. ANZDATA underpins crucial research and policy development activities across Australia and New Zealand, and is one of the wold's most comprehensive and valued renal registries. The registry has contributed greatly to knowledge, planning and best practice in clinical care over many years.

Kidney Health Australia offers a \$5,000 prize for the best clinical nephrology presentation at the ANZSN. This award is judged on abstract and presentation, and all presenting members are eligible. The 2017 winner of the award was Professor Alan Cass, from the Menzies School of Health Research, Darwin.

Additionally, Kidney Health Australia sponsors two annual awards, each to the value of \$1,000, for the best clinical and laboratory research presentations at the Transplantation Society of Australia and New Zealand scientific meeting. These awards are also judged on abstract and presentation. In 2017, Associate Professor Allison Tong from the University of Sydney won the award for best clinical research presentation, while Sebastian Stead from the University of Adelaide won best laboratory research presentation.



## **BEAT-CKD**

Better Evidence And Translation in Chronic Kidney Disease (BEAT-CKD) is a collaborative research program that aims to improve the lives of people living with kidney disease in Australia and around the world by generating high-quality research evidence to inform healthcare decisions made by patients, health professionals, and policy makers.

#### beatckd.org

To bring the voice of the consumer into research, Kidney Health Australia has partnered with BEAT-CKD by holding workshops throughout 2017 in Sydney, Adelaide and Brisbane with patients, carers, researchers and health professionals. The aim of the workshops was to get patients involved throughout all stages of kidney research, to ensure research undertaken is relevant and focuses on the problems that are most important to them, to give patients a say in how research is done, and to make sure the results are communicated back to patients and caregivers.

BEAT-CKD is funded by a National Health and Medical Research Council (NHMRC) Program Grant and supports four national research and translation platforms including ANZDATA, Australasian Kidney Trials Network, Cochrane Kidney and Transplant, and KHA-CARI.



## **REDUCCTION**

The REDUCCTION Partnership Project aims to reduce healthcare associated infections from dialysis catheters.

georgeinstitute.org/projects/reducing-the-burden-of-dialysis-catheter-complications-a-national-approach-reducction

Kidney Health Australia also collaborated on another NHMRC funded research project called the REDUCCTION Partnership Project. The primary aim of the REDUCCTION Partnership Project is to reduce healthcare associated infections (HAI) resulting from dialysis catheters.

HAI cause significant and life-threatening harm to patients and incur major additional costs. Patients living with kidney disease are especially susceptible to HAI, due to central dialysis catheter use. These catheters, essential to the delivery of life-sustaining dialysis treatment, are widely used but are a cause of blood stream infection and increased mortality in patients receiving dialysis.

Patient information leaflets are a key element of the project and Kidney Health Australia provided key consumer input into the development of these resources.



Kidney Health Australia 2017 Annual Review





# **LEAVE FOR LIVING**ORGAN DONOR PROGRAM

Kidney Health Australia was instrumental in the Government's support for the four year extension of the 'Supporting Leave for Living Organ Donors Program'.

The program, which began in 2013, helps alleviate the financial burden which is often experienced by living organ donors. It means that living donors are supported to take time off work for the surgery. It reimburses employers for an amount up to the national minimum wage, or up to nine weeks of leave taken by the living donor, as they undertake pre-transplant tests, the procedure and recovery.

The Federal Health Department injected \$4.1 million for the four year extension of the program. In addition, it was announced that living donors will also be reimbursed for eligible out-of-pocket expenses incurred as a result of organ donation.

Kidney Health Australia will continue to advocate for this important program and hopes to see it continued as long as it is needed.



## **INDIGENOUS** AUSTRALIANS

Advocacy to secure recognition of the impact of kidney disease on Aboriginal and Torres Strait Islanders continued to be a focus of our activities in 2017. Kidney Health Australia believes that all people living in Australia should have equal access to high quality health care.

http://kidney.org.au/cms\_uploads/docs/menzies\_newsletter\_indigenous-patient-voices\_dec-2017.pdf

As a member of the National Close the Gap campaign, we seek to improve the health and life expectancy of Aboriginal and Torres Strait Islander people to that of the non-Indigenous population within a generation – to close the gap by 2030. In 2017, Kidney Health Australia was a strong advocate for the recommendation contained in the Medicare Benefit Schedule Review to provide an MBS item to support 'on country' dialysis for Australians living with kidney disease in remote areas.

## INDIGENOUS PATIENT VOICES SYMPOSIUM

Kidney Health Australia believes that all people living in Australia should have equal access to high quality health care. In September 2017, The Menzies School of Health Research organized and hosted the inaugural Indigenous Patient Voices Symposium. Kidney Health Australia helped organise and co-sponsored the symposium.

The aim of the symposium was to gain valuable patient feedback to inform health care systems to ensure that patients can have the highest quality health outcomes.

The symposium involved more than 80 people, bringing together patients, carers, kidney health specialists, policy makers and health care user advocates (Kidney Health Australia and Polycystic Kidney Foundation) within the Australia and New Zealand Society of Nephrology Annual Scientific Meeting.

The symposium was an extraordinary meeting of coming together, learning from each other and recognising ways to support patients to achieve best health outcomes, through creating and supporting an effective and sustainable national health policy.

The key themes from the symposium were:

- Respect
- Information and Education
- · Kidney care close to home
- Access to specialist treatments including transplantation
- Workforce enhancement building a culturally safe workforce and valuing and building Aboriginal and Torres Strait Islander people in the kidney workforce.

A report from the Patient Voices Symposium<sup>1</sup> written by the Menzies School of Health Research was widely disseminated to key organisations and government and submitted to the Close the Gap Campaign. It includes a detailed Call to Action to drive change at local, state, Territory and Federal levels.

<sup>&</sup>lt;sup>1</sup> Hughes, J.T., Dembski, L., Kerrigan V., Majoni, S.W., Lawton, P.D., Cass, A. (2017). Indigenous Patient Voices: Gathering Perspectives Finding Solutions for chronic and end stage kidney disease, 2017 Symposium Report. [online] Darwin: Menzies School of Health Research.



# MEDICARE BENEFIT SCHEDULE

REVIEW RECOMMENDATIONS

617 PASE DG18 PA

mbsreview.com.au/factsheets/renal-factsheet.pdf

# MBS ITEM TO PROVIDE DIALYSIS FUNDING IN VERY REMOTE REGIONS

A key focus for our advocacy was the recommendations of the Medicare Benefit Schedule (MBS) review. Of particular significance was the recommendation to provide an MBS item to support 'on country' dialysis for Australians living with kidney disease in remote areas.

This recommendation would ensure that dialysis services can be funded for delivery in very remote areas. By funding a dedicated MBS item number, nurses, Aboriginal health workers and practitioners will be able to deliver dialysis to end-stage kidney disease patients 'on country'.

If taken up by the Federal Government, this recommendation will significantly address the massive social impact on Indigenous kidney patients and their families who currently need to relocate for treatment.

Submissions were sent to all the major political parties and other influential stakeholders. Kidney Health Australia continues to advocate strongly for this MBS item.

## MBS RECOMMENDATION FOR YOUNG ADULTS LIVING WITH KIDNEY DISEASE

The Medicare Benefit Schedule Review also includes a recommendation to support young adults, as they are one of the most vulnerable demographics living with chronic kidney disease in Australia and currently have poor outcomes.

In 2017, we began advocacy efforts for ongoing and sustainable funding for this group. This will continue in 2018 as we work with government bodies on better coordinating support for young adults with complex kidney disease.



21



# OUR KIDNEY COMMUNITY

Chronic kidney disease impacts people indiscriminately from all walks of life. Just a few characteristics of our kidney community include diabetes, high blood pressure, Indigenous heritage, and those aged over 60 years or who are born with genetic conditions or structural abnormalities.

kidney.org.au/connect/support-groups/community-support

Our kidney community consists not only of people experiencing kidney disease. It also embraces a wide circle of individuals and organisations – the families, friends and carers of people experiencing the disease, along with health professionals, volunteers and other organisations in the caring community.

Kidney Health Australia has developed innovative community programs designed to improve the lives of people living with kidney disease. From education, information and peer support through to temporary accommodation and holiday assistance, we seek to ensure that the kidney community has access to the programs and services that they need, at the time that they need them.



## PEER SUPPORT NETWORKS

Over many years Kidney Health Australia has facilitated a valuable kidney community peer support network for people living with kidney disease, their loved ones and carers. Endorsed by Kidney Health Australia but locally autonomous, these groups support people at any stage of kidney disease – those on dialysis, who have had or are waiting for a kidney transplant, and people with health conditions that can cause an impairment of kidney function.

The key function of these groups is to bring people who have experienced kidney disease together, providing a sense of belonging in an environment that is safe, supportive and non-judgemental. In these groups, people can lean on and learn from each other, share information and mutual support, and realise that no one needs to deal with kidney disease alone.

The newly diagnosed or those starting dialysis will learn from their peers about how to manage their daily needs, how to provide suitable care, and how to live more easily with kidney disease. The peer-supported experience extends to carers and family members, especially children.

There are peer support groups in most major capital cities, and Kidney Health Australia is expanding these to cover the broader metropolitan and regional areas. In connecting with these groups, Kidney Health Australia provides access to resources and information from our own organisation and other community services.

The kidney community is spread far and wide, and the aim of our peer support networks is to offer connection and support to improve the lives of all Australians affected by kidney disease.









# THE **BIG RED** KIDNEY BUS

"Thank you to all involved with the Big Red Kidney Bus. We were able to have our first week away together since starting dialysis!"

-Susan

#### kidney.org.au/bus

Imagine never being able to go on holiday, or visit family and friends outside of your home town. This is something most of us take for granted, but not those who need regular dialysis to survive. For these patients, it's another of life's simple pleasures to miss out on. Or at least it was – until we launched the Big Red Kidney Bus mobile dialysis service in 2014.

A dialysis centre on wheels, the Big Red Kidney Bus enables patients to enjoy time away at popular destinations – and we publish the locations in advance online, so people can book their seat on the bus as they book in their holiday plans! An additional bus was launched in 2017 – and in total 244 kidney patients were able to benefit from the two buses as they visited five locations in New South Wales and eight in Victoria throughout the year.

The operation of the Big Red Kidney Buses is only possible thanks to our partnerships with Monash Health and the Royal North Shore Hospital, who provide the clinical care for people dialysing on the Buses. We are also grateful for the generous support of many funding partners, individuals and communities who have assisted in getting the Big Red Kidney Buses on the road – including Rotary Club of Croydon, Bus Association Victoria, Dyson Group, and Volgren.

Help keep this free mobile dialysis unit running by making a donation at kidney.org.au/donate



25





## KIDNEY KIDS CAMP

Kids that have kidney disease have to go through a lot. Countless appointments, procedures, and surgeries that aren't just scary – they take time. Time that kids would prefer to spend having fun, being kids.

kidney.org.au/your-kidneys/support/ children-and-young-adults/kidney-kids

Going on camp is one of those "kid" things to do; but for kids living with kidney disease who need complex medical management to survive, going on a school camp is out of the question. This is why, for nearly 20 years, Kidney Health Australia has run Kidney Kids Camps. It's a much needed opportunity for these children to holiday in conditions suitable to their medical condition, to make friends with kids who are like them, and to give their parents a well-deserved break.

In 2017, our national Kidney Kids Camp was held at Runaway Bay Sports Super Centre in Queensland. 137 children aged seven to 17 participated (up from 72 kids in 2016), supported by 100 volunteer carers (predominantly volunteer nursing and teaching students), 15 health professionals including nephrologist Dr Matt Sypek, and six Kidney Health Australia staff. Dialysis was provided on site and at Lady Cilento Children's Hospital in Brisbane.



The camp had a magical feel in 2017, thanks to a Harry Potter theme! The program was designed to build confidence and creativity – and from the 'Carnivale' street party, circus training, rock climbing, camp concert and group chants these kids enjoyed the chance to break out of their shell.

It's thanks to our clinical partners that we can provide a safe environment for children with often complex medical needs, and the 2017 camp would not have been possible without the help of staff from Adelaide's Women's and Children's Hospital, Melbourne's Royal Children's Hospital, Monash Children's Hospital, and Brisbane's Lady Cilento Children's Hospital. Kidney Health Australia is also grateful to education and nursing students from Southern Cross University and Queensland University of Technology, who comprised the basis of our volunteer force. Kidney Health Australia was able to offer this fantastic experience at no cost to the families involved, thanks to the generosity of the 2017 Kidney Kar Rally participants and supporters.

"The impact meeting other 'kidney kids'
has had on Matt is astounding, and to hear
him talk so favourably about his new mates
after such an experience is wonderful.
They are from different parts of the country,
but are united in their challenges
and experiences. I could not have wished for
a better opportunity for him. "

- Matt's mum



2/

# Support this important program by donating at kidney.org.au/donate

# **KIDNEY**TRANSPLANT HOUSES

For some people living with kidney disease, a kidney transplant offers the potential to return to a normal way of life.

kidney.org.au/your-kidneys/support/ patient-and-carer-support/kidney-transplant-houses

A kidney transplant is a major operation and people need time to recover, close to the transplant hospital. This is not a problem if you live in the same city as the transplant hospital. But what if home is hundreds of kilometres away?

For people who live in rural or regional areas of Australia, Kidney Health Australia offers free temporary accommodation in Perth and Melbourne, with another Transplant House to be launched in Adelaide in 2018. These houses or apartments offer comfortable, safe, accessible accommodation so people from rural or regional areas can prepare or recover from transplant surgery, and approximately 40 people stayed at the transplant houses in 2017.

Taking care of this basic need is just another way that we help to improve the lives of the kidney community, and we thank the Emorgo Foundation for their generous support in Melbourne and Adelaide.



# **KIDNEY**HELPLINE

Kidney disease means many different things to many different people. For most, it raises a huge number of questions. What can I eat? How can I travel? Can I still work? How does organ donation work? What does this really mean for me, for my life?



# NATIONAL CONSUMER COUNCIL

In line with Kidney Health Australia's focus on community, the National Consumer Council was re-established in 2017 with a slightly different structure and membership.

Established by Kidney Health Australia in 1998, the Kidney Helpline (formerly the Kidney Health Information Service) is a free national phone-support service for people living with or affected by kidney and urinary disease. Offering information, support, referral and advice to patients, their families and health professionals, and directing callers to the service that will best meet their needs.

The service responded to 1,981 inquiries in 2017, from patients (37 per cent of callers), carers, family members and friends (29 per cent), health professionals (11 per cent), and students, researchers, and other organisations (10 per cent). Over 4,500 fact sheets, booklets and publications were distributed nationally in response to these enquiries.

"Thank you for the parcel of kidney information.
I appreciate the time speaking with you, and for helping me to understand kidney disease."

- Helpline caller

Our Helpline staff helped to answer questions on the following: Kidney Health Australia programs and services (13 per cent of callers); dialysis (11 per cent); chronic kidney disease (9 per cent); travel, holidays and accommodation (8 per cent); organ donation (9 per cent); and diet and nutrition (9 per cent). In 2017, 95 per cent of people who called the Helpline were satisfied with the help that we gave, and would recommend the Helpline to others.

A friendly voice when you need it most, the Helpline is one of the many ways that we support our kidney community.

The National Consumer Council will now work solely at a national level; there are no longer defined State and Territory consumer committees. Membership of the National Consumer Council (listed on page 45) is drawn from a wide range of people affected by kidney disease, with a broad range of skills from advocacy through to research. There are many previous members along with lots of new faces.

The National Consumer Council will continue to develop as the needs of our community change. However, the aim is still to have a beneficial impact on the lives of people affected by kidney disease.

**Kidney Helpline** 

Freecall: 1800 454 363

kidneyhelpline@kidney.org.au







This Annual Review has outlined some of Kidney Health Australia's vital work across **education**, **advocacy**, **research** and **support**. All of this is only possible thanks to the generosity of our supporters – including individuals, communities and businesses.

The majority of funds raised throughout 2017 were received from lottery, bequests, donations and events. In 2018 we will focus on retaining our valuable supporters and diversifying our revenue streams by undertaking a review of all current activities and events, aiming to implement fresh new approaches which support revenue growth and sustainability.

Updating technology continues to be an important project, particularly our database to better support and facilitate growth of fundraising. Raising awareness of kidney disease is an ongoing priority and, as a charity, we rely on free media to help us achieve this. In 2017 we received strong media support at national, state and local levels – especially during Kidney Health Week – and over the course of the year our potential reach was over 100 million. We also have a highly engaged social media community of over 20,000 people who help to share our messages and support each other.

In 2017, **kidney.org.au** received over 1.1 million unique page views, and we continually optimise the website to ensure it remains a user-friendly and credible resource for anyone looking for answers about kidney disease, or seeking information about our programs and services.





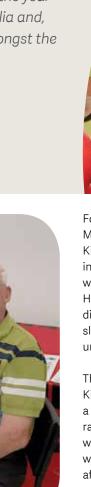
31





## **KIDNEY HEALTH WEEK**

Kidney Health Week is a key opportunity in the year to raise awareness of Kidney Health Australia and, more importantly, kidney health issues amongst the Australian public.



For the first time, Kidney Health Week in 2017 was moved from May and was held from 5 to 11 March, to coincide with World Kidney Day on 9 March. We joined with the rest of the world to increase awareness, aligning to the World Kidney Day theme which was Kidney Disease and Obesity: Healthy Lifestyle for Healthy Kidneys. The links between obesity and chronic kidney disease were highlighted, as was the ability in some cases to slow the progression of kidney disease in people who turned an unhealthy lifestyle into a healthy lifestyle.

I IN 3 AUSTRALIANS IS

The campaign reached millions of people across Australia. Kidney Health Australia's communications team generated nearly a thousand media clips, which detailed the extensive television, radio, online and print coverage across the country. The coverage went into major metropolitan centres, as well as rural areas where there is a higher than average proportion of the population affected by chronic kidney disease and obesity.

Helping Kidney Health Australia achieve this tremendous result were our ambassadors; singer, actor and personality Frankie J Holden and footballer Phil Davis. Members of our kidney community also allowed us to share their inspirational stories in the media. Our photo competition received 55 entries and over 600 event packs were mailed to communities around Australia, including renal units, hospitals, and other community organisations.

Meet your kidneys

Watch

Renowned ABC journalist Mark Colvin's struggle with kidney disease was front and centre stage during the week, with the play Mark Colvin's Kidney shown at the Belvoir St Theatre in Sydney. It focused attention on organ donation and the heart-warming story of Mark and his living donor, Mary-Ellen Field. Sadly Mark's long and brave struggle with ill-health came to an end recently, when he passed away in Sydney on 11 May 2017. During a lifetime of achievement and adversity Mark touched many lives and many hearts. Kidney Health Australia is working with Mark Colvin's family on a number of projects to celebrate and remember his life.







Kidney Health Australia 2017 Annual Review

Meet your kidneys





## **BIG RED** KIDNEY WALK

The Big Red Kidney Walk is an important fundraising event for Kidney Health Australia. The annual charity walk unites the thousands of people across Australia whose lives have been affected by kidney disease, and brings a strong sense of community support.

Register to take part in the next Big Red Kidney Walk at kidney.org.au/walk



Walk participants are often personally affected by kidney disease, others walk in honour of a loved one, while other walkers work in the sector and are passionate about supporting kidney health.

A phenomenal 4,767 participants walked in support across the country, united in a sea of red, raising over \$206,000.

Key walks were held on Sunday 10 September in Melbourne, Brisbane, Sydney, Perth, Canberra, Launceston and Adelaide, with record attendance and fundraising! A number of other cities and towns also hosted their own walk in support of people affected by kidney disease - including Bunyip, Shepparton, Rye, Warragul, Barraba, Broken Hill, Kenthurst, Singleton, Wagga Wagga, Cairns, Rockhampton, Toowoomba, Townsville, Bruce Rock, Kununurra, Goomalling and Three Springs.

Walk participants were encouraged to dress in red. We saw some wonderful and creative costumes, which made for varied entries into the awards for best dressed team, individual and dog

Thank you to our top fundraisers:

at each walk.

| VIC – Jarrod Hetherington | \$4,590 |
|---------------------------|---------|
| SA – Jason Size           | \$4,539 |
| NSW – Cassandra Howe      | \$2,323 |
| TAS – Suzanne Pearce      | \$1,938 |
| QLD – Casey Window        | \$1,909 |
| ACT – Kim Wilesmith       | \$1,858 |
| WA – Peter de Mello       | \$1,597 |
|                           |         |











KIDNEY KAR RALLY

The first Kidney Kar Rally was held in 1989. As well as being a thrilling and memorable experience for participants, the event raises much-needed funds to support our various programs.

Register to take part in the next Kidney Kar Rally at kidneykarrally.com.au

The Kidney Kar Rally also raises community awareness of kidney disease throughout the rally route, so more people understand the need for prevention, detection and support.

In our 29th year the 2017 Rally travelled 4,000km over 9 days, from Griffith to Wagga Wagga via Tibooburra and a massive \$619,000 was raised by 65 passionate teams.

Team Bathurst Surf Lifesaving Club were first place Outright Winner – in their 15th year taking part! Team Artline finished second, and Rusty Racing took out third place.

A big thank you to everyone that participated in the event, and especially to Arthur and Kim Davis who have been phenomenal Rally Directors for 17 years!

Top Three Fundraisers 2017:

- #1 Kar 68-\$47,300 Artline Team: Mick & Barby Kluver
- #2 Kar 8 \$43,035

  Bathurst Surf Lifesaving Club:
  Graham & Peter Ward & Richie Farrar
- #3 Kar 2009 \$37,175 Xplant: John Clout, Kerry Flinn & Brian Roy

Special mention to team Good Shift, who were the highest fundraisers of the 16 rally newcomers.





The stabilisation of Kidney Health Australia is demonstrated by a much reduced financial loss in 2017 as compared with the previous two years.

In 2017 we experienced decreased revenue, however this was coupled with a decrease in expenses so that the net result was an operating loss of \$455,306 compared to an operating loss of \$652,700 for the previous year. Of note, a significant part of this loss is due to the settlement of a legal dispute, relating to accommodation, carried over from 2016 which impacted the 2017 result amounting to \$216,915. Some of the revenue decrease is also due to a decline in funds raised through lotteries, and as a consequence our expenditure on community support programs fell.

Kidney Health Australia continued its rationalisation of expenses in 2017 as it stabilised its structure to a more sustainable level and improved efficiency in our activities. This rationalisation was reflected in employment costs. As at 31 December 2017 Kidney Health Australia had 58.34 FTE employees which is down from 62.01 at 31 December 2016. This reduction in FTE was supported with an increase in volunteer activity and pro-bono work done. Significant cost savings were also made by sharing accommodation with other like-minded organisations. Kidney Health Australia's short term financial strategy is to finalise the stabilisation program that will set a solid platform to grow the foundation. We are also filling critical roles within the organisation with quality people to help manage and grow our supporter base in 2018. We are developing a regular giving program and building up our bequest program.

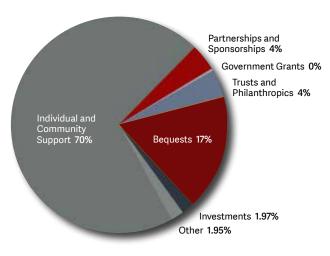
Kidney Health Australian's longer term financial strategy will include expanding our revenue streams outside of our traditional model of relying on Australian community, the philanthropic sector, and the pharmaceutical industry to support our work.

For more detailed information you can view our complete financial statement on our website: kidney.org.au/about-us/annual-reports

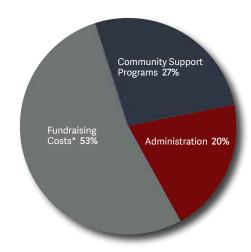
#### Financial Position as at 31 December 2017

| Total equity                  | 3,572,004  | 3,773,810  |
|-------------------------------|------------|------------|
| Equity                        |            |            |
| Net assets                    | 3,572,004  | 3,773,810  |
| Total liabilities             | 1,899,749  | 2,279,906  |
| Total non-current liabilities | 305,732    | 355,426    |
| Total current liabilities     | 1,594,017  | 1,924,480  |
| Liabilities                   |            |            |
| Total Assets                  | 5,471,753  | 6,053,716  |
| Total non-current assets      | 4,457,162  | 4,509,204  |
| Total current assets          | 1,014,591  | 1,544,512  |
| Assets                        |            |            |
|                               | 2017<br>\$ | 2016<br>\$ |
|                               |            |            |

#### Revenue



#### **Expenses**



\*All fundraising costs, including activities previously identified as commercial operations. Note lotteries were our principal source of fundraising income in 2017, which involves a greater cost than other forms of fundraising.





# **PATRONS**AND AMBASSADORS

We are extremely honoured and grateful to have the following patrons and ambassadors for Kidney Health Australia. With their assistance, we have been able to raise awareness about the importance of kidney health and how to potentially reduce the risk of kidney disease.

# **BEQUESTS**REALISED IN 2017

We acknowledge and remember the following generous donors whose bequests were realised in 2017.

# ADDITIONAL **BEQUESTS**RECEIVED IN 2016

We acknowledge and remember the following generous donors whose bequests were realised in 2016, in addition to those listed in the 2016 Annual Review.

Patron-in Chief – His Excellency the Honourable

Sir Peter Cosgrove AK MC

Patron – Lady Margaret Brabham

Patron – Normie Rowe AM
Past Patron – Sir Jack Brabham OBE

Ambassador – David Hussey

Ambassador – Frankie J Holden AO

Ambassador – Phil Davis Ambassador – Rochelle Pitt Ambassador – Sharna Burgess Estate of Colin Archer
Estate of Elizabeth Barber
Estate of Jacqueline Blom
Estate of Margaret Briggs
Estate of Margaret Cavill
Estate of Denise Chapman
Estate of Edna Cole
Estate of Annemarie Critch
Estate of Keith Dalgleish
Estate of Shirley Gavin
Estate of Atholie Houghton
Estate of Peter Hubbard
Estate of Thelma Jeffrey
Estate of Lorna Jenkins
Estate of Marion Kingston

Estate of Nathalie Kulakowski
Estate of Doreen Letcher
Estate of Yvonne McCormack
Estate of Joan Million
Estate of Paula Moloney
Estate of Joyce Moore
Estate of Anne Ottasoff
Estate of Dorothy Powell
Estate of June Preston
Estate of Pamela Ratcliff
Estate of Elizabeth Schulz
Estate of Anthony Tamburro
Estate of Mary Tilden
Estate of Lesley Young

Estate of Bernadette Box
Estate of Emily Breyer
Estate of Reginald Brooker
Estate of Lenard Brown
Estate of Robert Campbell
Estate of Marie Caskey
Estate of Mark Chapman
Estate of Cecelia Hudson
Estate of Marjorie Lines
Estate of Patricia Merrett
Estate of Ian Norman
Estate of Colin Purton
Estate of Cornelius Rote



# MAJOR **DONATIONS**

We sincerely thank the following major donors for their generous support in 2017.



Lenore Adamson
Bob Allen
Rita Andre
John Aston
Daniela, Boban & Amp Begic
Linda Corinne Bennett
Judith Berenger
June Bramich
Alan & Linda Buckley
C Burbury
Rosemary Campbell
Georgina Cary

Stan Chegwidden

Barbara Cimetta
Brian Clayton
H Cohney
Jennifer Cranwell
Graham Diggins
Allan Diplock
Dennis Druce
John Eastment
Jehan Eltigi
Jenny Frith
Judith Galloway
Margery Gist
Peter Haeusler

Jessica Hore
Stephen Hudson
Gayle Hutchinson
Thora llett
Elaine Irwin
BDJ Kelly
Jenny Kelly
Grace Kelly
Thu Nam La Truong
Joan Lea
Bree Zane Ludlow
M Macarthur

Denise, Ian & Amp Macintosh
Rocco Mangano
Augusto Marcon
Tor McCaul
Ross Mcfarlane
Alison McPharlin
John & Joan Mitchell
Brian Moore
Richard Muirden
Mary O'Sullevan
GL & EJ Palmer
William Petrie
Liz Plummer

Stewart Potter
Judith Quilliam
Elizabeth Ramsden
Barry Rath
Peter Risk
Janet Rover
Kenneth Russell
Dominic Sadsad
Tony Shih
Peter Siminton
June Smith
Eddie Spurr
Phil Stoddart

William Stoermer
Ian Stuart
Teck Ming Tang
Millie Tong
Peter & Sue Tyson
Bruce Verity
Ross Walz
Linda Warszewski
Peter Welch
Barney Williamson
Maxine Wright
Greg Wright
Ahsan Zafar



# **TRUSTS**FOUNDATIONS AND GRANTS

We are proud of our enduring connections with organisations that are committed to helping people affected by kidney disease. We thank you for your generosity.



# **VOLUNTEERS**

We gratefully acknowledge all of our valuable volunteers who support us through volunteering their time at events, fundraising, in office, and in our programs.

For more information get in touch volunteering@kidney.org.au

Bell Charitable Fund

Bofac Foundation

Centenary Foundation - Sylvia Richardson

Centenary Foundation - The Permanent Trustee Foundation

CMV Staff Charitable Foundation

Emorgo Foundation

Fay Fuller Foundation

Harper Bernays Charitable Trust

JLDJS Foundation

Lionel & Yvonne Spencer Trust

Lord Mayor's Charitable Foundation

Morialta Trust

Perpetual Limited

Pethard Tarax Charitable Trust

Phillips Family Foundation

**QBE** Foundation

Randall Foundation

The Barbara Luree Parker Foundation

The Eirene Lucas Foundation

The Harry F Carter Charitable Trust

The Isabel & John Gilbertson Charitable Trust

The M.A.S.T Foundation

The Miller Foundation

The Stan Perron Charitable Trust

The Steve McKerihan Charitable Trust

The Sunraysia Foundation

The William Angliss (Queensland) Charitable Fund

The William Angliss (Victoria) Charitable Fund





### **PRIMARY CARE EDUCATION**

### **VOLUNTEERS**

Our Primary Education program simply would not exist without the dedicated nephrologists, GPs, renal nurses, Primary Care nurses and educators who make up our Primary Care Education Advisory Committee for Kidney Health Australia (PEAK). Nephrologists and renal nurses also volunteer their time to present educational workshops to primary care health professionals, and volunteers also assist the Kidney Health Australia education team with administrative tasks.

In 2017, volunteers donated an enormous 1,090 hours of their time to our primary care education program. This is equivalent to a value of \$200,000.

# **KHA-CARI**STEERING COMMITTEE

We thank the current members of the KHA-CARI Steering Committee, who together oversee development and promotion of the KHA-CARI guidelines.

#### PEAK MEMBERS IN 2017

Prof. David Johnson (Chair)

Dr Chris Bollen

Dr Katherine Fawcett

Kathryn Godwin

Barbara Harvie

A/Prof. Ivor Katz

Prof. Robyn Langham

A/Prof. Craig Nelson

Dr Richard Phoon

A/Prof. Kevan Polkinghorne

Dr Angus Ritchie

Dr John Saunders

Wendy Shepherdley

Prof. Tim Usherwood

Dr Sheena Wilmot

Thao Vu (AIHW)

Dr Shilpa Jesudason (KHA)

Breonny Robson (ex-officio)

Dr Marie Ludlow (ex-officio)

Claire Sheeky (ex-officio)

#### CHAIR

A/Prof. Martin Gallagher
Prof. Suetonia Palmer

#### **MEMBERS**

Prof. Jonathan Craig

A/Prof. David Mudge

Ms Mikaela Stafrace

Prof. Neil Boudville

A/Prof. Nigel Toussaint

Arroj. Niger roussuiri

Dr Balaji Hiremagalur

A/Prof. Kevan Polkinghorne

Ms Wendi Bradshaw

Dr Shilpa Jesudason

Ms Debbie Fortnum

Dr Marie Ludlow

Dr Denise Campbell



## NATIONAL **CONSUMER COUNCIL**

Our National Consumer Council was formed in 2003 to provide a formal pathway for people living with kidney disease to highlight the issues and opportunities they are experiencing, and to provide Kidney Health Australia with feedback on a wide range of topics. We thank our 2017 National Consumer Council members.

#### Cilla Preece (QLD) Ted Russell (WA) Jan Watson (NSW) Peter Williams (VIC) Dr Brooke Huuskes (VIC) Karen Barfoot (KHA) Dr Shilpa Jesudason (KHA)

Dr Marie Ludlow (KHA)

Dr Lisa Murphy (KHA)

Fabian Marden (NSW) Wayne McGlone (VIC)

Shaun Johnson (WA)

Mason Little (VIC)

Greg Collette (VIC)

Dale Creely (TAS)

John Griffiths (SA)

Bill Handke (ACT)

Shyamsundar (Shyam) Muthuramalingam (SA)

Tamara Paget (SA) Dr Chirag Patel (QLD)

### **PHARMACEUTICAL** PARTNERS

Pharmaceutical sponsorship in the form of unrestricted educational grants underpins our patient and health professional education programs. We thank the following pharmaceutical partners for their generous support.

Amgen Australia Astellas Australia AstraZeneca

Boehringer Ingelheim

Pfizer Australia Otsuka Australia

Roche **Novartis** 

## **KHA** RESEARCH **ADVISORY GROUP**

We thank the members of the KHA Research Advisory Group, who together oversee the KHA Research strategic direction and agenda.

Dr Lisa Murphy Dr Shilpa Jesudason Prof. Richard Kitching Prof. Steve Chadban Mr P.I Hartshorne Mr Peter Williams

### **AFFILIATES**

Australia & New Zealand Society of Nephrology Dietitians Association of Australia Menzies PKD Australia Renal Society of Australasia



# HOW YOU CAN HELP

DONATE THROUGH YOUR EMPLOYER'S WORKPLACE GIVING PROGRAM. BUYTICKETS
IN OUR LOTTERIES.
'WIN BIG' AND SUPPORT
US IN DELIVERING OUR
PROGRAMS AND SERVICES.

**VOLUNTEER**WITH US.

FIND OUT MORE AT **KIDNEY.ORG.AU/HERE-S-HOW-YOU-CAN-HELP-US** 















### **Connect with us:**

Freecall 1800 454 363 www.kidney.org.au

