

BROOME'S VOICES YARNING KIDNEYS ON 15 AUGUST

Kidney Health Australia is working with the Kimberley Aboriginal Medical Services and Kimberley Renal Services to conduct the Broome's Yarning Kidneys community session, which is the third consultation that is taking place in Western Australia.

In 2018, the Hon Ken Wyatt AM, MP, Federal Minister for Indigenous Health, awarded a grant to Kidney Health Australia to undertake consultations with Aboriginal and Torres Strait Islander Peoples around Australia. Community members will provide valuable insights regarding culturally-safe ways to support chronic kidney disease education, prevention, early detection and management.

Minister Wyatt said, "The grassroots consultation will allow Kidney Health Australia to ensure the guidelines are relevant and reflect what communities want and need. The guidelines will complement the national renal roadmap currently under development and the priority placed on First Nations kidney health by the Council of Australian Governments."

Sixteen community consultations in metropolitan, rural and remote communities of Australia (with exception of Northern Territory) will be undertaken by Kidney Health Australia to obtain community input to inform the development of the inaugural Caring for Australasians with Renal Impairment (KHA-CARI) Indigenous Guideline for the Management of Chronic Kidney Disease (CKD).

The Yarning Kidneys consultations aim to inform the development of new Indigenous clinical guidelines for management of chronic kidney disease. The Program will sit under the 'Kidney Health Australia – Caring for Australasians with Renal Impairment' (KHA-CARI) Guidelines. The guidelines aim to improve the quality of care and outcomes for patients living with kidney disease in Australia and New Zealand, with a focus on kidney disease, dialysis and transplantation.

Commencing in 1999, the KHA-CARI Guidelines seek to improve the quality of care and outcomes for patients living with kidney disease in Australia and New Zealand by facilitating the development and implementation of clinical practice guidelines based on the best available evidence and effectiveness.

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- An estimated 59,600 adults of Aboriginal or Torres Strait Islander origin (1 in 5) are living with biomedical markers of CKD
- 18% of the adult Aboriginal and Torres Strait Islander population 18 years and over has indicators of chronic kidney disease (CKD)
- 9 out of 10 Aboriginal and Torres Strait Islander people with kidney disease are unaware
- The greater prevalence of CKD in some Aboriginal and Torres Strait Islander communities is due to the high incidence of risk factors including diabetes, high blood pressure and smoking, in addition to increased levels of inadequate nutrition, streptococcal throat and skin infection and poor living conditions

- Aboriginal and Torres Strait Islanders are four times more likely to have indicators of Stage 4-5 CKD and develop end-stage kidney disease
- The incidence of end-stage kidney disease for Indigenous peoples in remote areas of Australia is 18-20 times higher than that of comparable non-Indigenous peoples
- For Indigenous Australians, the estimated proportion of the population with signs of CKD in the Northern Territory is almost double the national average (32.4 per cent versus 17.9 per cent)
- For Indigenous Australians, Queensland and New South Wales account for over half of the estimated burden of people with signs of CKD
- Indigenous adults living in remote areas are more than twice as likely as those in non-remote areas to have signs of CKD (34 per cent compared with 13 per cent)

For further information about kidney health in Indigenous Australians log onto:

<http://kidney.org.au/advocacy/guidance-and-tools/indigenous-health/overview539>

About Kidney Health Australia

Kidney Health Australia is a not-for-profit and the peak body for kidney health in Australia with a vision 'to save and improve the lives of people living in Australia affected by kidney disease'.

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For more information or to arrange an interview please phone 0434 801 485 or email media@kidney.org.au Connect with us on Twitter, LinkedIn or www.kidney.org.au