

MEDIA RELEASE

Sunday, 10 September 2017

Thousands step out for Big Red Kidney Walk

Across the country this September, Australians from all walks of life will be dressing up in red and stepping out to raise awareness and money to support those with kidney disease.

Thousands of people have already signed up to participate in walks across seven major cities on Sunday 10 September, and more than 20 individuals and groups will be hosting their own Big Red Kidney Walks in regional and remote Australia.

Kidney Health Australia's CEO Mikaela Stafrace said the Big Red Kidney Walk was a wonderful opportunity for people around the country to support and improve the lives of those with kidney disease.

"The Big Red Kidney Walk is a timely reminder to the wider community about the prevalence of kidney disease which takes the lives of around 60 Australians each day," she said.

Kidney disease currently affects an estimated 1.7 million Australians, yet 90 percent are unaware they have the disease.

"This year we are aiming to raise \$200,000 to support Kidney Health Australia's programs such as the Big Red Kidney Bus, Kids Camps and research funding," Ms Stafrace said.

"It is crucial that we raise awareness because symptoms typically don't appear until kidney function is almost completely lost, by which time it is too late."

What: 2017 Big Red Kidney Walk, supporting Kidney Health Australia!

Date: Sunday 10 September

Locations:

- **Melbourne** – Lawn 3, Royal Botanical Gardens, 9am start
- **Sydney** – Prince Alfred Park, 9am start
- **Brisbane** – Mowbray Park, 9.30am
- **Launceston** – Heritage Forest, 9am start
- **Perth** – Taylor Reserve, Victoria Park, 9.30am start
- **Canberra** – Patrick White Lawns, 9am start
- **Adelaide** – Elder Park, 9.30am start

Cost: Adults \$20, Teams of 10, \$100, Children 12 years and under free

Register: <http://bigredkidneywalk.gofundraise.com.au/> ; or on the day at the venue

Sponsor: Can't participate? Donate to one of the many participants walking to raise awareness at <http://bigredkidneywalk.gofundraise.com.au/>

Kidney Health Australia, formerly the Australian Kidney Foundation, is a national health care charity with a vision 'to save and improve the lives of Australians affected by kidney disease'. As the national peak body, Kidney Health Australia promotes good kidney health through delivery of programs in education, advocacy, research and support.

For more information or to arrange an interview, contact:

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