

# FISTULA & CATHETER



### IMPORTANT MESSAGES:

1. You need a special opening (access) to have dialysis
2. A fistula is for haemodialysis
3. A catheter is for peritoneal dialysis
4. A fistula and catheter have to be made a few weeks before they can be used
5. Be careful with your fistula
6. Be careful with your catheter
7. Fistula and catheter are not treatments
8. You do not have to use your fistula or catheter if you change your mind and do not want dialysis

### TOPICS:

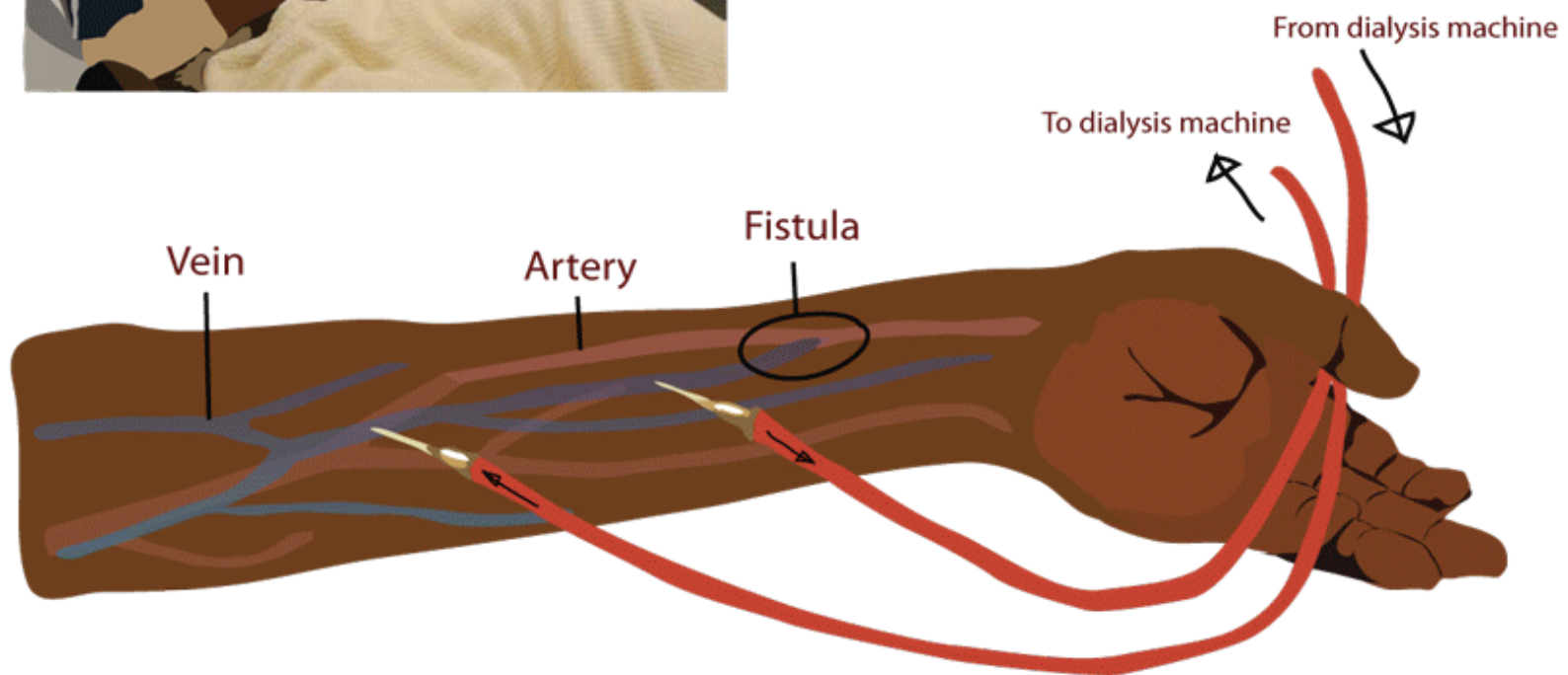
- Getting a fistula
- How a fistula works
- Looking after fistula
- Getting a catheter
- How a catheter works
- Looking after catheter



Fistula for haemodialysis



## Fistula diagram





Fistula operation at the hospital

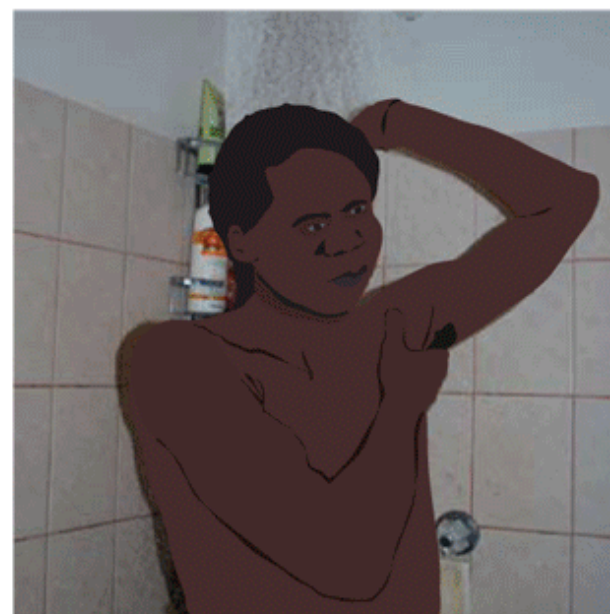


## Operation day



Not eating or drinking for 6 hours before the operation

## Shower



## Check-up at hospital





New fistula



A mature fistula



Feel the fistula working





Needling a fistula



Use your **other** arm for:



- Taking blood samples



- Taking blood pressure



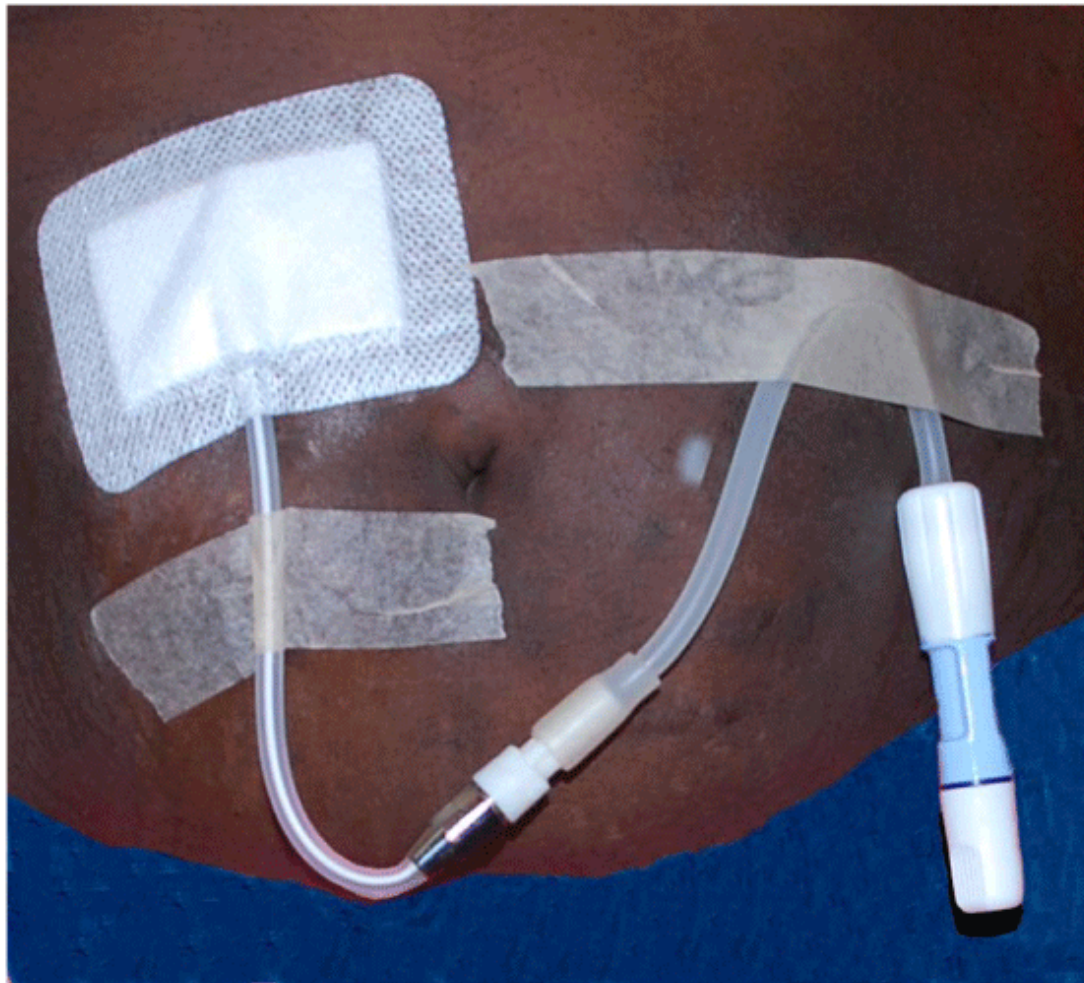
- Wearing a watch or jewellery



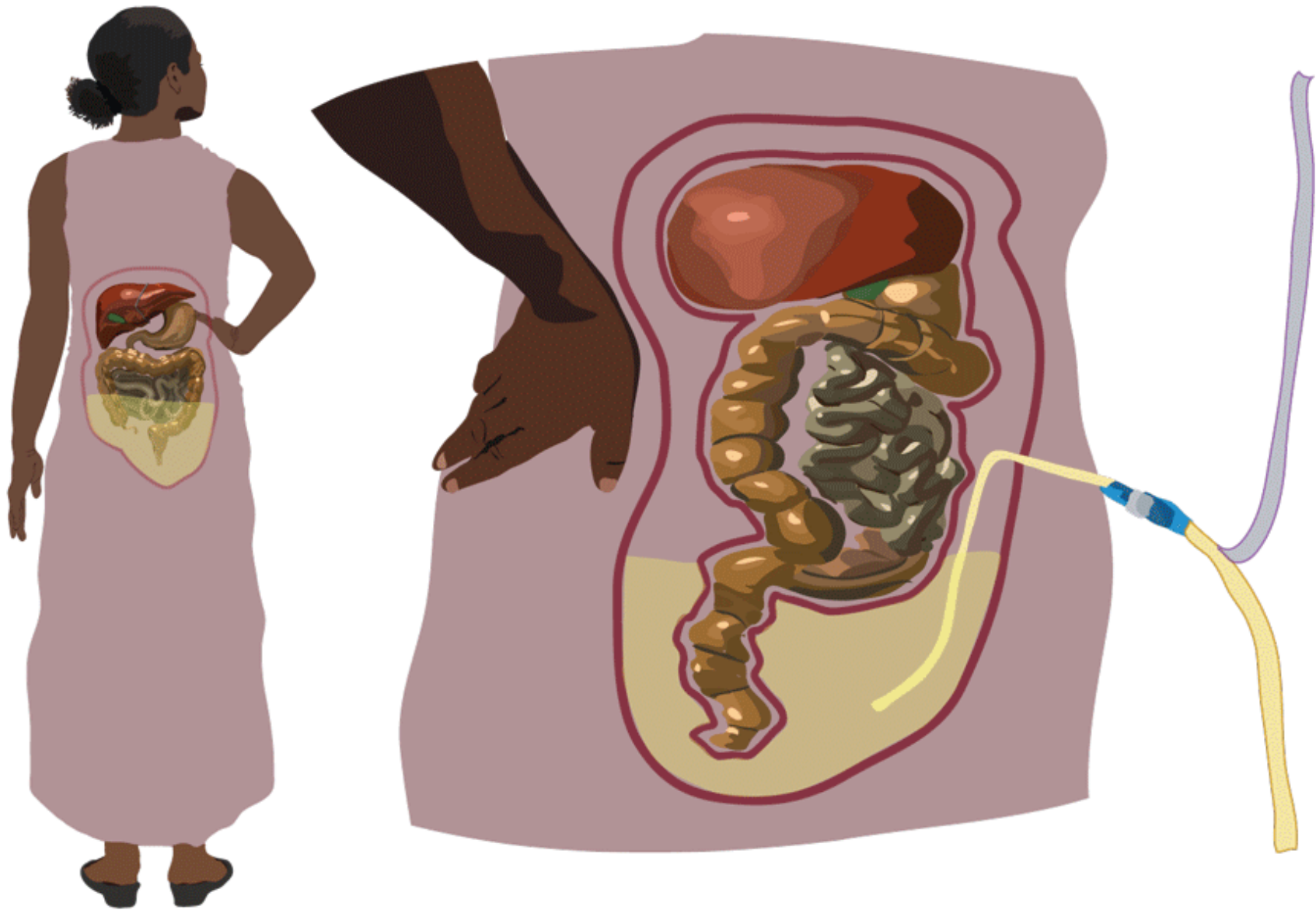
- Carrying heavy things

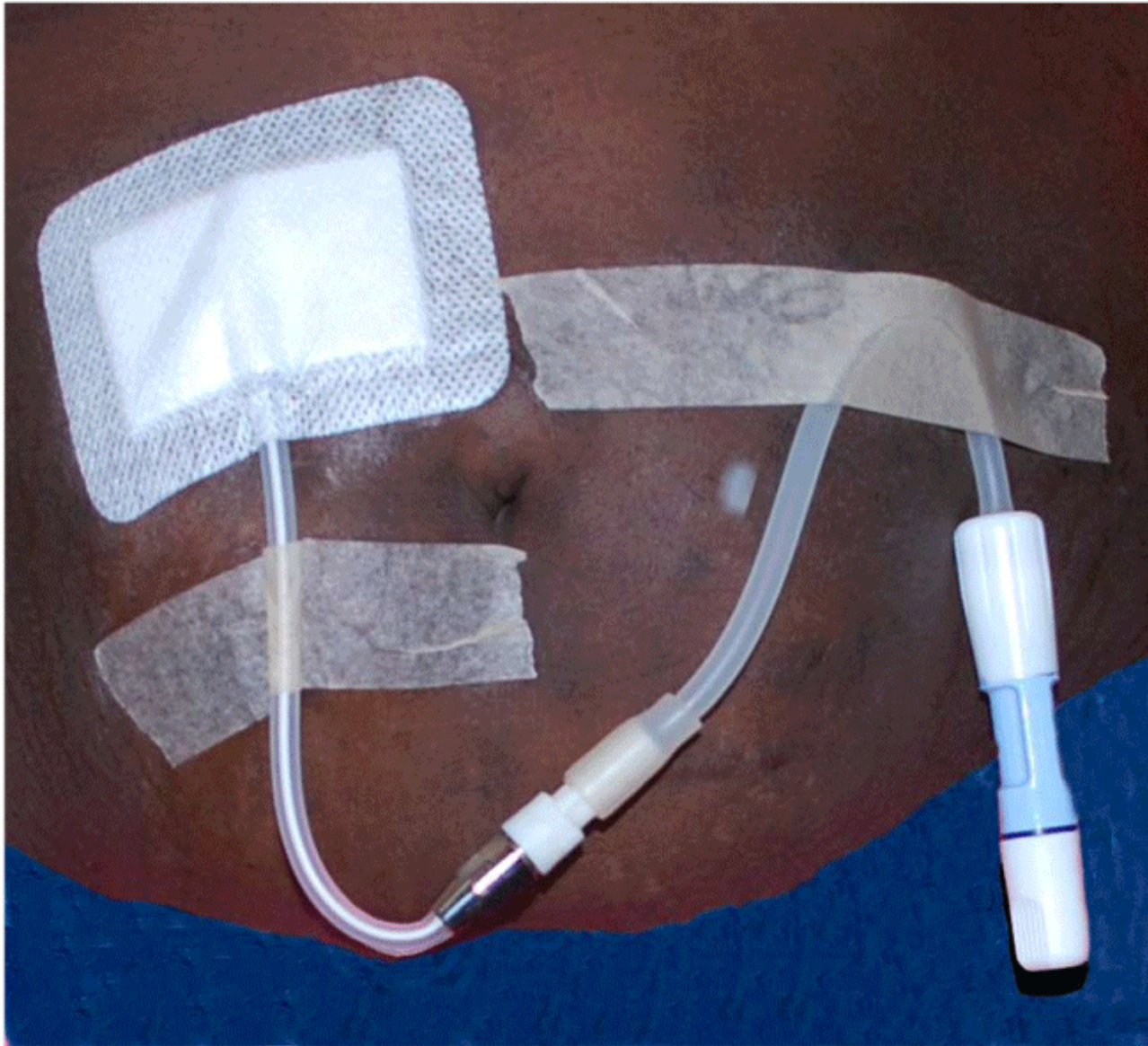
Don't use your fistula arm

## Catheter for peritoneal dialysis



Catheter; small hole through your stomach and peritoneum to peritoneal cavity





A catheter requires an operation at the hospital





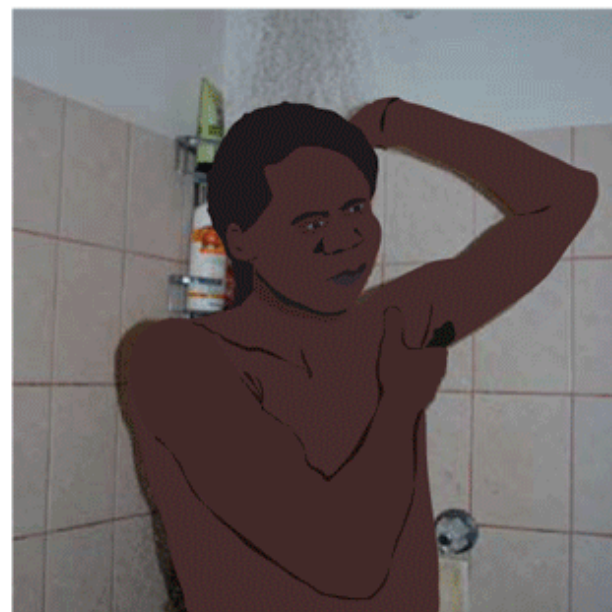
Getting ready for the operation

## Operation day



Not eating or drinking for 6 hours before the operation

## Shower



## Check-ups at hospital





Operation day







After the operation the catheter is covered until later

## Learning to use your catheter for peritoneal dialysis



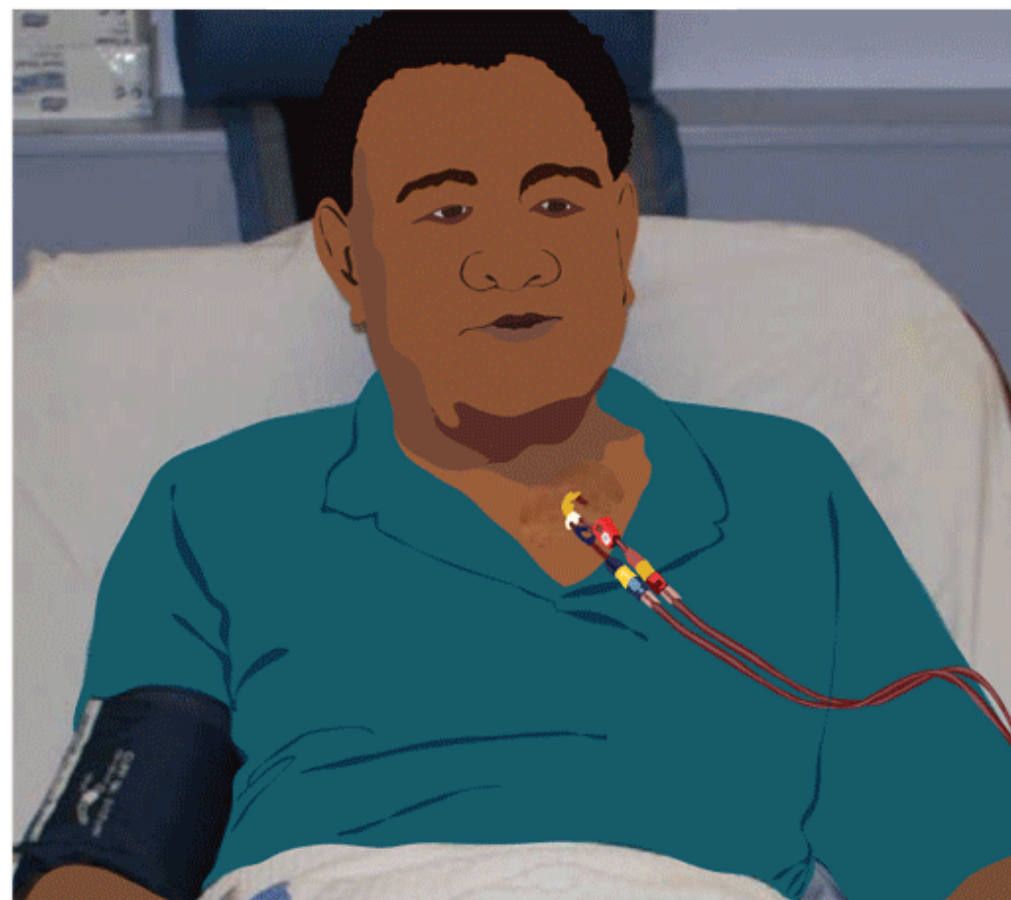
## Taking care of your catheter





Central vein tunneled line for haemodialysis

This is for emergency





Getting a fistula and a catheter  
at the same time

Not treatments, just access





You can keep enjoying your life;  
do the things you like to do



### IMPORTANT WORDS:

- access
- dialysis
- fistula
- catheter
- haemodialysis
- peritoneal dialysis
- dialysis machine
- operation
- vein
- artery
- vibrating
- peritoneum
- peritoneal cavity
- central vein tunneled line
- not treatment

# FISTULA & CATHETER

## RESOURCE TOPICS:



*THE WORK OF YOUR KIDNEYS*



*WHEN YOUR KIDNEYS GET SICK*



*LIVING WITH KIDNEY DISEASE*



*DIET AND KIDNEY DISEASE*



*TREATMENT OPTIONS & PATHWAYS*



*PERITONEAL DIALYSIS*



*HAEMODIALYSIS*



*FISTULA AND CATHETER*



*PALLIATIVE CARE FOR PEOPLE WITH SICK KIDNEYS*



*TRANSPLANT BOOKS 1 - 4*

NT Renal Services would like to thank all the renal patients and others who donated their time in posing for the photos that were used to make the illustrations in these resources.

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